Orthotic Design and Fabrication for the Upper Extremity: A Practical Guide by Orfit Product and Educational Specialist Dr. Debby Schwartz and Dr. Katherine Schofield is a practical guide to the foundational knowledge for the use of orthoses as an intervention in occupational therapy practice.

The combination of comprehensive textual material and online **instructional step-by-step videos** will help you to better understand, recall and practice the fabrication of various orthoses.
The first chapters lay the foundation for orthotic design and detail the anatomical knowledge and background information that is required to make orthoses. Each chapter explores a specific part of the upper extremity, describes several common diagnoses and highlights orthoses used to treat those diagnoses.

**Part One Foundations of Orthotic Design**

- **Chapter 1** Orthotic Fabrication: Principles and Practice
- **Chapter 2** Anatomical and Biomechanical Principles of Orthotic Intervention
- **Chapter 3** The Basics

**Part Two Orthoses as Interventions**

- **Chapter 4** Wrist Immobilization Orthoses
- **Chapter 5** Wrist and Hand Immobilization Orthoses
- **Chapter 6** Forearm- and Hand-Based Thumb Orthoses
- **Chapter 7** Elbow, Wrist and Hand Immobilization Orthoses
- **Chapter 8** Hand-Based Orthoses
- **Chapter 9** Digit-Based Orthoses

**Part Three Orthoses for Tendon Management**

- **Chapter 10** Orthoses for Tendon Management
- **Chapter 11** Orthoses for Mobilization

**How to Order**

Find your local distributor on [www.orfit.com](http://www.orfit.com) or purchase from [ebooks.healio.com](http://ebooks.healio.com) in the United States.