

Registration Form:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Tel# \_\_\_\_\_

Email \_\_\_\_\_

Payable by Check (Enclosed) to **Orfit Industries America**

\_\_\_\_\_ One day: \$275 \_ \_\_\_\_\_ Two days: \$520

Immobilization / Mobilization (Circle one or both)

Specify San Jose, CA on check. Mail to:

**Debby Schwartz**

**Orfit Industries America**

**140 High Street**

**Leonia, NJ 07605**

(If paying by credit card, please provide billing address)

CC# \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Code: \_\_\_\_\_

Phone: 856-701-8014 Fax: 201-849-5216

Email: debby.schwartz@orfit.com

**Cancellation policy:** Orfit Industries America reserves the right to cancel course with fewer than 12 participants and will return all payments. In the event of cancellation, Orfit Industries America will offer a full refund within two weeks of notice of cancellation. Orfit Industries America is not responsible for reimbursement for any travel related expenses. Participants must also notify Orfit Industries America regarding cancellation of registration no less than 14 days prior to the workshops for a full refund less \$75.00 administrative fees.



Check out [www.orfit.com](http://www.orfit.com)  
for information on our low temperature  
thermoplastic materials

Join our Facebook Group at  
<https://www.facebook.com/groups/Orfit.splinting/>  
to see splinting ideas from all over the world!



"The assignment of AOTA CEUs does not imply  
endorsement of specific course content, products, or clinical  
procedures by AOTA."

**Orfit Industries America**

350 Jericho Turnpike  
Suite 302

Jericho, NY 11753

Phone: 1-888-ORFIT US

Fax: 516-935-8505

**For other workshop information contact:**

Debby Schwartz, OTD, OTR/L, CHT  
Product and Educational Specialist,  
Physical Rehabilitation

Debby.schwartz@orfit.com

Phonel: 856-701-8014



**A Splinting Guide:  
Orthoses for  
Immobilization and  
Mobilization**

**New 2 day program**



**Orthoses for Immobilization**

**Saturday, October 6, 2018 8 am - 5 pm**

**Orthoses for Mobilization**

**Sunday, October 7, 2018 8 am - 5 pm**

**Come for one or both days!**

**Alliance Occupational Medicine  
1901 Monterey Road  
Suite 10  
San Jose, CA 95112**

**Enroll early- space is limited!**



**Day 1 includes:**

**Lecture: Immobilization Orthoses: Principles of Fabrication**

**Demonstration and hands on fabrication of:**

- Radial + Ulnar Gutter splints
- Long Thumb Spica splint
- Elbow splint
- Orficast assorted finger orthoses
- Short thumb opponens

**Day 2 includes:**

**Lecture: Orthoses for Mobilization**

**Demonstration and hands on fabrication of:**

- Static Progressive Wrist Flexion / Extension Orthosis
- Dynamic Finger Extension Orthosis with Orfitubes
- Static Progressive Finger Flexion Orthosis
- Anti- Ulnar Drift Orthosis

## Learning Objectives- Orthotic Fabrication Workshop

Upon completion of this course, participants will be able to:

1. Recognize indications, precautions and contraindications for orthotic fabrication of the upper extremity
2. Analyze mechanical properties required to fabricate low temperature thermoplastic immobilization and mobilization orthoses for the upper extremity.
3. Compare and contrast low temperature thermoplastic materials, outrigger/ and or coil designs for mobilization splints.
4. Analyze key characteristics of splinting materials for fabrication of specific orthoses.
6. Gain understanding of the evidence supporting orthoses as a therapeutic intervention



## Instructor

**Debby Schwartz, OTD, OTR/L, CHT**

**Product and Educational Specialist, Physical Rehabilitation**

Debby Schwartz, OTD, OTR/L, CHT is a hand therapist with over 34 years of experience in the field. She has joined Orfit Industries America to promote product awareness and splinting education. Debby is an active member of ASHT and has participated in IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences. Debby has also written a number of articles for hand therapy publications, including the *Journal of Hand Therapy*, the *British Journal of Hand Therapy*, *ADVANCE for OT*, *OT Practice*, [www.therapytimes.com](http://www.therapytimes.com), *HAND*, and [www.exploringhandtherapy.com](http://www.exploringhandtherapy.com) as well as several book chapters in hand therapy reference books. Debby completed her Clinical Doctorate of Occupational Therapy from Rocky Mountain University of Health Professions. She is presently collaborating with a colleague on a textbook of orthotic fabrication.



*This splinting workshop is appropriate for OT's, COTA's, PT's, PTA's and CHT's working with an upper extremity patient caseload and possessing intermediate splinting skills.*

**Content Focus:** Domain of OT: Areas of Occupation, Performance Skills, Performance Patterns, Client Factors, Context

Occupational Therapy Process: Intervention

Workshop Format: Power point presentation, splinting demonstration, lecture and hands on fabrication of splints will guarantee achievement of learning objectives.

A certificate of attendance will be issued to all participants completing the CEU requirements. 0.8 CEU's for one day or 1.6 CEU's for the complete program. This splinting workshop meets Criteria "A" for hand therapy certification and is accepted by NBCOT and most state OT boards.