

Registration Form:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Tel# \_\_\_\_\_

Email \_\_\_\_\_

Payable by Check or Credit Card: \$350.00 CAD. Payment can be made in Canadian currency. Please note on check: Orthotic Fabrication Workshop- Victoria, BC

Payable to: **Orfit Industries America**

Please mail completed form and payment to:

Orfit Industries America / Debby Schwartz

140 High Street, Leonia, NJ 07605 USA

Credit Card Information:

Name on card \_\_\_\_\_

Address \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Email: [Debby.schwartz@orfit.com](mailto:Debby.schwartz@orfit.com)

Phone: 856-701-8014

*Cancellation policy: Orfit Industries America reserves the right to cancel course with fewer than 10 participants and will return all payments. In the event of cancellation, Orfit Industries America will offer a full refund within two weeks of notice of cancellation. Orfit Industries America is not responsible for reimbursement for any travel related expenses. Participants must also notify Orfit Industries America regarding cancellation of registration no less than 14 days prior to the workshops for a full refund less \$100.00 administrative fees.*



Check out [www.orfit.com](http://www.orfit.com) for information on all Orfit Industries thermoplastic materials.

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The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



**APPROVED PROVIDER of  
CONTINUING EDUCATION**  
by The American Occupational  
Therapy Association, Inc.

For additional workshop information, contact:  
Debby Schwartz, OTD, OTR/L, CHT  
Product and Educational Specialist  
Physical Rehabilitation

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Cell: 856-701-8014

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**Island Hand Therapy Clinic  
hosts**

**Orthoses for Immobilization:  
a Hands- on Orthotic Fabrication  
Workshop**



**Saturday, October 20, 2018**

**8 am to 5 pm**

**Island Hand Therapy Clinic  
310-1900 Richmond Rd**

**Victoria, BC, V8X 4E8**

**Please join us for a fun and  
informative workshop!**

## Course Outline

(Program begins at 8:00 am and concludes at 5:00 pm)

(Lunch is on your own)

Power Point Presentation: Orthoses for Immobilization

Demonstration and fabrication of the following orthoses:

- Short Opponens Orthosis
- Long Opponens Orthosis
- Anti-claw orthosis
- Circumferential wrist orthosis
- Anti- Ulnar Drift Orthosis
- Relative Motion Orthosis
- Assorted finger orthoses from Orficast (mallet, serial casting, trigger finger, boutonniere)
- Static progressive orthosis for a stiff finger

### Educational Credit:

A certificate of attendance will be issued to all participants completing the CEU requirements. One day equals 8.0 contact hours (0.8 CEU's). This splinting workshop meets criteria "A" for hand therapy certification and is accepted by NBCOT and most state OT boards for recertification.

**Content Focus:** Domain of OT: Performance Skills, Client Factors, Context

Occupational Therapy Process: Intervention

## Learning Objectives- Orthotic Fabrication Workshop

Upon completion of this course, participants will be able to:

1. Recognize indications, precautions and contraindications for immobilization orthoses of the upper extremity
2. Analyze mechanical properties required to fabricate low temperature thermoplastic immobilization and mobilization orthoses for the upper extremity.
3. Identify important anatomical structures and landmarks of the upper extremity.
4. Analyze key characteristics of different types of orthoses and appropriate applications.
6. Learn to critique and assess different characteristics of low temperature thermoplastic materials.



Workshop format: A power point presentation, splinting demonstration, and hands-on fabrication of splints will guarantee achievement of learning objectives.

## Instructor

**Debby Schwartz, OTD, OTR/L, CHT**

**Product and Educational Specialist**

### Physical Rehabilitation

Debby Schwartz is a hand therapist with over 33 years of experience as a practicing clinician. She joined Orfit Industries America to promote product awareness and splinting education. Debby is an active member of ASHT and participates in IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences, and has written a number of articles for hand therapy publications, including a clinical research paper on contrast bath use and a systematic review of joint mobilizations recently published in the Journal of Hand Therapy. Debby completed her Doctorate of Occupational Therapy at Rocky Mountain University of Health Professions. She is presently co-authoring a textbook on orthotic fabrication.



*This splinting workshop is appropriate for OT's, COTA's, PT's, PTA's and CHT's working with an upper extremity patient caseload and possessing intermediate splinting skills.*