

REGISTRATION PAYABLE BY CHECK TO:

Integrated Rehabilitation Group  
4220 132nd ST SE, Suite 202 | Mill Creek, WA 98012

IRG therapist - \$250     Non IRG therapist - \$300

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

QUESTIONS: Rozanni Senanayake at [rozanni.senanayake@irgpt.com](mailto:rozanni.senanayake@irgpt.com)

CANCELLATION POLICY: Orfit Industries America and IRG reserve the right to cancel course with fewer than 10 participants and will return all payments. In the event of cancellation, IRG will offer a full refund within two weeks of notice of cancellation. Orfit Industries America and IRG are not responsible for reimbursement for any travel related expenses. Participants must also notify IRG regarding cancellation of registration no less than 14 days prior to the workshops for a full refund less \$75.00 administrative fees.

**EDUCATION CREDIT**

A certificate of attendance will be issued to all participants completing the CEU requirements. One day equals 8.0 contact hours (8 CEUs). This splinting workshop meets criteria "A" for hand therapy certification and is accepted by NBCOT and most state OT boards for recertification.

Content Focus: Domain of OT: Performance Skills, Client Factors, Context

Occupation Therapy Process: Intervention



The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.



PHYSICAL THERAPY | HAND THERAPY  
YOUR BEST SELF

# ORTHOSES FOR MOBILIZATION: A HANDS-ON ORTHOTIC FABRICATION WORKSHOP

Hosted by IRG Physical & Hand Therapy



*This splinting workshop is appropriate for OTs, COTAs, PT, PTAs and CHTs working with an upper extremity patient caseload and possessing intermediate splinting skills.*

**SATURDAY, APRIL 13, 2024  
8 AM TO 5 PM**

**IRG PHYSICAL & HAND THERAPY - BELLEVUE**

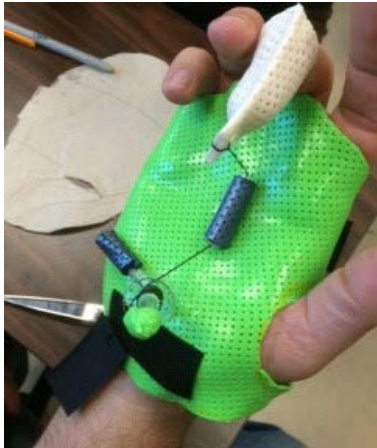
1200 112th AVE NE  
Suite C-186  
Bellevue, WA 98004

PROGRAM BEGINS AT 8:00AM AND CONCLUDES AT 5:00PM

Workshop format: Hands-on orthotic fabrication and live splinting demonstrations will guarantee achievement of learning objectives.

## COURSE OUTLINE

### Demonstration and fabrication of the following orthoses:



- Extensor Tendon Orthosis with Dynamic Outrigger
- Static Progressive Finger Flexion Orthosis
- Low Profile Radial Nerve Palsy Orthosis
- Isoforce Outrigger Orthosis for PIP Flexion Contractures

## LEARNING OBJECTIVES - ORTHOTIC FABRICATION WORKSHOP

### Upon completion of this course, participants will be able to:

1. Recognize indications, precautions and contraindications for mobilization orthoses of the upper extremity
2. Analyze mechanical properties required to fabricate low temperature thermoplastic immobilization and mobilization orthoses for the upper extremity
3. Identify important anatomical structures and landmarks of the upper extremity
4. Analyze key characteristics of different types of orthoses and appropriate applications
5. Learn to critique and assess different characteristics of low temperature thermoplastic materials
6. Learn to critique and assess different characteristics of low temperature thermoplastic materials

## MEET YOUR INSTRUCTOR



**DEBBY SCHWARTZ, OTD, OTR/L, CHT**  
Product and Educational Specialist  
Physical Rehabilitation

Debby Schwartz is a hand therapist with over 33 years of experience as a practicing clinician. She joined Orfit Industries America to promote product awareness and splinting education. Debby is an active member of ASHT and participates in IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences, and has written a number of articles for hand therapy publications, including a clinical research paper on contrast bath use and a systematic review of joint mobilizations recently published in the Journal of Hand Therapy. Debby completed her Doctorate in Occupational Therapy at Rocky Mountain University of Health Professions. She has co-authored a textbook on orthotic fabrication, and created a virtual platform of orthotic fabrication courses called "The Orfit Academy" at: [www.orfit.com/prosthetics-orthotics/academy/](http://www.orfit.com/prosthetics-orthotics/academy/)

### FOR OTHER WORKSHOP INFORMATION:

Debby.schwartz@orfit.com | Cell 856-701-8014



Check out ORFIT.COM for information on all Orfit Industries thermoplastic materials.

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