



SIGN UP
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ORTHOSES *for* MOBILIZATION

An Orthotic Fabrication Workshop

JANUARY 6th, 2019 8am to 5pm Fee \$275
TOURO COLLEGE SCHOOL OF HEALTH SCIENCES
320 WEST 31st STREET NY, NY 10001

Space is limited! Sign up early to save your spot! To register, please email Marissa.Esposito@touro.edu

COURSE DESCRIPTION

This is a full day advanced splinting workshop featuring 4 or more mobilization orthoses including dynamic and static progressive designs. The workshop format includes a power point presentation on the principles of mobilization splinting followed by demonstration and hands on splint lab time. Attendees will earn 0.8 CEU's and make four advanced orthoses. The specific designs include the incorporation of a variety of outriggers including either wires, coils and/ or Orfitubes.

This splinting workshop is appropriate for OT's, COTA's, PT's, PTA's and CHT's working with an upper extremity patient caseload and possessing intermediate splinting skills.



COURSE OUTLINE

Registration begins at 7:30am

Program begins at 8:00am and concludes at 5:00pm. (Lunch is on your own)

Program includes:

- Orthoses for Mobilization Power Point Presentation
- Demonstration and hands on fabrication of the following:
- Low Profile Radial Nerve Palsy Orthosis
- Dynamic Extensor Tendon Orthosis
- Dart Thrower's Motion Orthosis
- Finger Orthoses



Learning Objectives

Upon completion of this course, participants will be able to:



1. Gain understanding of the indications, precautions and contraindications for mobilization orthoses of the upper extremity.
2. Appreciate the mechanical properties required to fabricate low temperature thermoplastic mobilization orthoses for the upper extremity.
3. Appreciate the anatomical knowledge base required to fabricate low temperature thermoplastic mobilization orthoses for the upper extremity.
4. Develop skills in proper selection of orthoses materials for specific orthoses.
5. Develop skills necessary to successfully fabricate and fit orthoses using several different orthoses materials.
6. Compare and contrast different outrigger systems.

INSTRUCTOR *Debby Schwartz, OTD, OTR/L, CHT*

Product and Educational Specialist, Physical Rehabilitation

Debby is a hand therapist with over 34 years of experience as a practicing clinician. She joined Orfit Industries America to promote product awareness and excellence in orthotic fabrication education. Debby is an active member of ASHT and has participated in many IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences and has written a number of articles for hand therapy publications, including the Journal of Hand Therapy, the British Journal of Hand Therapy, ADVANCE for OT, OT Practice, and www.exploringhandtherapy.com. She has also written chapters on hand therapy topics and orthotic fabrication for Occupational Therapy reference books. Debby earned her doctorate from Rocky Mountain University of Health Professions in 2010 and is an adjunct professor in the Occupational Therapy department at Touro College, NY.

For other workshop information contact Debby Schwartz, OTD, OTR/L, CHT at:

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